

**Understanding the patients'
lived experience of
Occupational Therapy within a
major trauma ward**

Study design: Interpretative Phenomenological Analysis

- 8 participants
- 1st hermeneutic analysis identifying emerging themes
- 2nd hermeneutic analysis – interpretation of meaning behind lived experiences
- May- Sept 2015

5 themes

Gods and
Goddesses

Don't just
listen to me
hear me

Grief
and loss

Getting
used to my
new sense
of self

Perceptions
of trauma

Key findings

- Loss of occupational roles
- Desire to be viewed as individuals and finding a sense of purpose
- Viewed as 'empowering' – but do Occupational Therapists go far enough?
- What happens after discharge...

Clinical implications

- More meaningful occupation to facilitate improved health and wellbeing
- Greater inclusion with environmental planning
- OT role in pain management
- Vocational rehabilitation