**Harrogate**

**HOSPITAL SERVICES**

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| **Service Name** | **Lascelles Neurological Rehabilitation Unit** |
| **Main Speciality** | Neuro-rehabilitation unit for over 16 years of age |
| **Host Trust** | Harrogate and District NHS Foundation Trust |
| **Address** | Lascelles, Highgate Park, Harrogate, HG1 4PA |
| **Contact Telephone Number** | 01423 881977 |
| Website | [www.hdft.nhs.uk/our-services/hospital-based-services/wards/lascelles-neurological-rehabilitation-unit/](http://www.hdft.nhs.uk/our-services/hospital-based-services/wards/lascelles-neurological-rehabilitation-unit/) |
| **Service Lead** | N/A |
| **Contact e-mail** | [lascelles@hdft.nhs.uk](mailto:lascelles@hdft.nhs.uk) |
| **NHS or Private Organisation** | NHS |
| **Service Overview** | Lascelles is a 12 bed neuro-rehabilitation unit for inpatients over 16 years of age which provides rehabilitation to assist you to achieve your maximum potential and best possible quality of life.  Typical conditions we treat include Multiple Sclerosis, Parkinson’s disease, Traumatic Brain Injury and post neurosurgery. |
| **Exclusion Criteria** | Paediatrics |
| **Catchment Area** | Harrogate |
| **Referral Process** | 01423 881283  01423 553210 |

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| **Service Name** | **Orthopaedic In-patient Therapy team** |
| **Main Speciality** | Orthopaedics Physiotherapy and Occupational Therapy |
| **Host Trust** | Harrogate District NHS Foundation Trust |
| **Address** | Harrogate District Hospital, Lancaster Park Road , Harrogate. HG2 7SX. |
| **Contact Telephone Number** | Mrunmayee (Minu) John : 01423 885959 ( hospital ) and Bleep 3680  Michelle Nix : 01423 885959 ( hospital ) and Bleep 3406  Nicola Stephenson ( Trauma Coordinator): Bleep 3622 |
| **Website** | N/A |
| **Service Lead** | Claire Arditto ( Principal Physiotherapist )  Mrunmayee ( Minu) John ( Band 7 Physiotherapist) |
| **Contact e-mail** | [Minu.john@hdft.nhs.uk](mailto:Minu.john@hdft.nhs.uk)  [hdft.traumarepatriation@nhs.net](mailto:hdft.traumarepatriation@nhs.net) |
| **NHS or Private Organisation** | NHS |
| **Service Overview** | The orthopaedic Therapy team at HDFT assess and treat all orthopaedic trauma cases on the wards, and offer support to teams of other specialities if patients are under other medical care but have orthopaedic related injury.  We have 7 day service; patients repatriated or admitted to wards over weekends will get assessed and treated within 24 hrs of admission to the orthopaedic wards.  Patients will either be discharged home with therapy input from the community, or to rehabilitation units for further rehabilitation. Patients can also attend outpatient physiotherapy departments as appropriate for follow up. |
| **Exclusion Criteria** | For adults only. |
| **Catchment Area** | Primarily for the patients within Harrogate and rural district, but will assess and treat all patients admitted to the wards irrespective of catchment area. |
| **Referral Process** | Formal referral is not needed to access this service, we have blanket referral system, but patients can be can be highlighted for review by secure email, telephone or face to face conversation with any of the team members (office hours only).    **Orthopaedic ward numbers:**  Wensleydale ward: 01423553644/3645  Farndale Ward: 01423555764/5780 |

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| **Service Name** | **Outpatient Physiotherapy Department** |
| **Main Speciality** | Physiotherapy |
| **Host Trust** | Harrogate District Foundation Trust |
| **Address** | Lancaster Park Road, Harrogate. HG2 7SX |
| **Contact Telephone Number** | Elizabeth Ritchie: 01423 553026  Therapy services reception: 01423 553472 |
| **Website** | [www.hdft.nhs.uk/](http://www.hdft.nhs.uk/) |
| **Service Lead** | Elizabeth Ritchie |
| **Contact e-mail** | elizabeth.ritchie@hdft.nhs .uk |
| **NHS or Private Organisation** | NHS |
| **Service Overview** | The Physiotherapy service is offered from various sites including :- Harrogate district hospital, Ripon district hospital and 11 GP surgeries. We assess, diagnose and treat musculoskeletal conditions and deal with Orthopaedic referrals for both elective and trauma patients.  Facilities include gymnasiums (x2), treatment areas, hydrotherapy pool.  Treatment offered include manual therapy, exercise rehabilitation, hydrotherapy, Acupuncture, injection therapy, taping, gait assessment etc |
| **Exclusion Criteria** | * Patients who are under 16 years * Red flags - while most patients will have musculoskeletal conditions as an explanation of their symptoms, a small number will have a serious underlying condition of some kind. These people need identifying and referring urgently to a medical specialist for review. * Lumps and bumps * Patients with complex medical conditions who are medically unwell/unstable * Abusive, violent, or threatening patients without security escort * Active psychiatric condition which would significantly interfere with assessment or treatment process and minimise likely benefit * Pregnancy related MSK condition * Gynaecological related physiotherapy |
| **Catchment Area** | Primarily for the patients within Harrogate and rural district. |
| **Referral Process** | Referrals can be made via the therapy services department –tel: 01423 553472  Fax 01423 553572. |

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| **Service Name** | **Outpatients Therapy Team** |
| **Main Speciality** | Neuro-rehabilitation |
| **Host Trust** | Harrogate and District NHS Foundation Trust |
| **Address** | Lancaster Park Road , Harrogate. HG2 7SX |
| **Contact Telephone Number** | Tel: 01423 553472  Fax: 01423 553572 |
| **Website** |  |
| **Service Lead** | N/A |
| **Contact e-mail** | N/A |
| **NHS or Private Organisation** | NHS |
| **Service Overview** | Outpatient neuro-rehabilitation for adults. |
| **Exclusion Criteria** | Paediatrics |
| **Catchment Area** | Harrogate |
| **Referral Process** | Telephone referral or fax referrals are accepted |

**COMMUNITY SERVICES**

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| **Service Name** | **Community, Fast Response and Rehab Teams** |
| **Main Speciality** | Support for patients to avoid hospital admissions. |
| **Host Trust** | Harrogate and District NHS Foundation Trust |
| **Address** | Harrogate District Hospital, Lancaster Park Road, Harrogate, HG2 7SX |
| **Contact Telephone Number** | Harrogate: 01423 554640  Ripon: 01765 643546 |
| **Website** | [www.hdft.nhs.uk/services/community-fast-response-and-rehabilitation-team/](http://www.hdft.nhs.uk/services/community-fast-response-and-rehabilitation-team/) |
| **Service Lead** | N/A |
| **Contact e-mail** | N/A |
| **NHS or Private Organisation** | NHS |
| **Service Overview** | A highly-skilled, multidisciplinary nursing and therapy team provide an essential pathway between the ward and the local community. The team help reduce the need for hospital admissions by providing rapid assessment and support short term care, enabling patients to remain within the comfort of their own home.  The team members visit patients at home, as well as in nursing and residential homes, to provide a range of rehabilitation services including assessment of movement and provision of walking aids, development of exercise programmes, assessment of daily living activities, and provision of advice and assistance to carers. The team also assess for, and arrange, the provision of equipment to assist independence and provide nursing support when required.  Assessment and rehabilitation is provided at the Station View Rehabilitation Unit (a North Yorkshire County Council care home) and at Trinity Ward, Ripon Community Hospital. The team may also carry out home assessment visits prior to a patient being discharged from the rehabilitation beds at both locations.  The team liaise closely with other organisations and teams such as social care services and voluntary organisations. The team may refer patients on to other services such as the Steps to Active Rehabilitation (STAR) project if required.  Patients are seen in the short term only, usually with a view to discharge after a maximum of six weeks. However, this is flexible and will be longer if the therapist’s assessment indicates that a person will continue to improve with further involvement from the team or may deteriorate without it to the extent where this may lead to a hospital admission. |
| **Exclusion Criteria** | N/A |
| **Catchment Area** | North Yorkshire area |
| **Referral Process** | Referrals to the team for admission avoidance or early support discharge are only accepted from clinical staff or GP. Self-referrals are accepted for rehabilitation needs only. |